

Anamed Kindergarten HOSIANA,  
Lukaka/Nyabwegira, POBox 487  
Karagwe, Kagera, Tansania

Patronage:                   A Anamed International  
                                  B Community of Parents  
Head Teacher:             Doroth Ntimba  
Administrative Coordinator: Shadrack Ntimba  
Arbitrator:                 Giselheid Otto

CONCEPT.

**Special emphasis is placed on the following 10 educational goals:**

- 1 biblical and evangelical instructions on a Christian basis
- 2 general development of intelligence to prepare school success
- 3 general health education and hygiene according to anamed
- 4 information on healthy food and how to prepare it according to anamed
- 5 prophylactic and therapeutic use and preparation of anamed plant medicine
- 6 organic growing of healthy food and medical plants including composting
- 7 arts and crafts creative skills focusing on a visible goal
- 8 social integration and emotional security
- 9 free, fair and concentrated play in groups and individually
- 10 peace keeping and peace making

**Frame:**

The Kindergarten opens daily from Monday till Friday, 8.30 am to 4.30 pm. Participation of members from age three to six years is obligatory and regularly. The absence of a member child has to be announced.

Breakfast: each child brings some fresh fruit each day and is given tea/water. The children eat a healthy lunch daily, 5 times per week. There is a silent period after lunch.

**Biblical and evangelical instructions on a Lutheran Christian basis**

1. The morning begins with a devotional exercise of the whole group: singing, prayer, reading and discussion of biblical stories, the life of Jesus and other biblical figures .

For this period, the children can be sitting together in a circle on mats. They are encouraged to sing, listen, speak themselves, ask and answer questions. Rhythmic instruments like drums can be used. It important that the children feel emotionally safe and not like in an exam.

### **General development of intelligence**

2. games and materials for drawing, reading, writing, arithmetic will be needed and used playfully. The emphasis is placed on individual and voluntary engagement of children, no force, no school class atmosphere.

### **General health education and hygiene according to anamed**

3. This covers instructions on cleanliness and the right use of a clean toilet, also prophylactic behaviour for keeping sound health like avoiding colds, infections, worms, wounds, diarrhea, Malaria, HIV/ Aids etc., in consideration of the respective age and situation of the children.

### **Information on healthy food and how to prepare it according to anamed**

4. The children are to help in harvesting and preparing their own food, which is to be simple but full of vitamins, minerals and fibre, and basically free from industrial products like white flour, sugar, soda and coke.

### **Prophylactic and therapeutic use and preparation of anamed plant medicine**

5. Jesus as the best healer who used natural materials is the leading figure, nature the source of health as given by God. The children can practice using medical herbs, first of all in their food, also for treatment, and learn to prepare teas and ointments for skin care and wounds.

### **Organic growing of healthy food and medical plants including composting**

6. In groups, the children can learn to grow and care for their own little food corner in the garden. They can regularly plant, water, monitor and harvest their part, experience and analyse success or failure in the garden.

### **Arts and crafts creative skills focusing on a visible goal**

7. Arts and crafts out of various natural materials can promote creativity, help develop skills and are great fun, as children can see their own pictures, figures, products, and develop self confidence. Besides, they can use self-made things as presents for friends and relatives.

### **Social integration and emotional security**

8. The kindergarten is a protected area. During the time of their presence the children are under the guardianship of their teachers and have to obey their instructions. They are encouraged to care for their fellows, practise fair play and solidarity, develop friendship and help each other. No child can be excluded or discriminated. The teachings of Jesus in the mountain sermon are the basis.

### **Free, fair and undisturbed play in groups and individually**

9. The period of concentrated play of groups or individuals is to be respected by others, not only their participation in common work. Self-determined play is as important for the development of strategies, skills and ideas as cooperation on the basis of instructions or rules. There has to be the chance for sitting, resting and active movement according to resp. needs.

### **Peace keeping and peace making**

10. On the basis of mutual respect the children learn to solve their conflicts verbally without the application of force or violence. This also refers to educational methods as applied by the teachers if ever possible.